



# Center for Children's Healthy Lifestyles & Nutrition

Monthly Update – April 2017

## Leadership Update Meredith Dreyer Gillette, PhD

The spring conference season is off to an impressive start, and our team has had many impressive publications. Our undergraduate and graduate students continue to play an integral role in the academic outputs of our center, with their efforts most recently rewarded with poster and oral presentations at national conferences. Please see below for some of the accomplishments of our CHLN faculty, staff, and students.

### Posters, Papers, and Presentations:

**Mitchell TB, Borner KB, Finch J, Kerr J, & Carlson JA.** (in press). Using activity monitors to measure sit-to-stand transitions in overweight/obese youth. *Medicine & Science in Sports & Exercise*. (Featuring the PHIT Kids participants)

Book chapter: **Carlson J, Sallis JF.** Environment and Policy Interventions. In: Zhu W, Owen N, eds. *Sedentary Behavior and Health: Concepts, Assessments and Interventions*. Champaign, IL: Human Kinetics; 2017:285 - 294.

Rhodes ET, Boles RE, Chin K...& **Hampf SE.** Expectations for Treatment in Pediatric Weight Management and Relationship to Attrition. *Childhood Obesity*, April 2017.

Carolina Bejarano, Jordan Carlson, Ashleigh Pona, Robin Shook, Meredith Dreyer Gillette and Ann Davis were authors on posters presented at the 38<sup>th</sup> Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Diego, CA.

Our team was very well represented at the Society for Pediatric Psychology Annual Conference in Portland, OR.

- Invited talk: Strategies to Improve Recruitment, Retention, and Outcomes in a Culturally Tailored Pediatric Obesity Intervention Gina L. Tripicchio, **Kelsey Dean**, Christie Befort, & **Ann M. Davis** (graduate student first author)
- Two of our graduate students gave student presentations at the Special Interest Group Meetings: **Andrea Garcia** et al., (Obesity) and **Arwen Marker** et al., (Diabetes).
- Dr. **Mark Connelly** served as a session discussant.
- Center members Carolina Bejarano, Ali Calkins, Jordan Carlson, Mark Clements, Christopher Cushing, Jonathan Finch, Andrea Garcia, Arwen Marker, Amy Noser and Susana Patton were authors on posters presented.

### **Kudos**

- Congratulations to Mallory Moon for being accepted into the MPH program at KUMC!
- Congrats to Amy Noser, Susana Patton, John Thyfault, and Mark Clements on their submission of an F31 grant!

## A New Face



**Meggie Murray** is a graduate research assistant at CHLN and is a student at KU Medical Center studying dietetics and nutrition. She is interested in the effects of nutrition and physical activity on weight management among all age groups.

Favorite health habit: Whether it's running, biking, lifting, or playing basketball, I love spending time with my friends and family while exercising.

## A Familiar Face



**Ann M. Davis, PhD, MPH, ABPP** is the Director of the Center for Children's Healthy Lifestyles & Nutrition and a Professor in the

Department of Pediatrics at KU Medical Center. She is passionate about helping children and families to live healthier lives through clinical and research work.

Favorite health habit: My family I have a new puppy named "Waffle" so we are spending a lot of time lately walking around the block! I also enjoy yoga, early morning walks, and the occasional run.

## Upcoming Events

Wednesday, **April 26**, 6-8 pm. CHLN Team Night to Volunteer at Harvesters. Please contact Dr. Davis for additional details if you are interested.

Friday, **May 12**, 12-1 pm. Dr. Russ Pate presents at Academic Scholarship Conference.

Friday, **May 19**, 4-6 pm. CHLN Happy Hour at Sol Cantina (408 E 31st St, Kansas City, MO 64108). Come and celebrate all the great work of our team this spring, and be sure to invite your students and trainees. The spring happy hour is in honor of all the hard work of our students and trainees. Hope to see you there!

★ **HAPPY** ★  
**BIRTHDAY!**

Kate Collum  
Lora Edwards  
Andrea Garcia  
Deborah Markenson  
Julie Vandal