



Center for Children's Healthy Lifestyles & Nutrition

Monthly Update – May 2016

Leadership Update Ann M. Davis, PhD, MPH, ABPP

The Center for Children's Healthy Lifestyles & Nutrition offers many benefits to our members, and this month I thought I'd update you on these and get the word out about some that we've been able to add. First, (as you may know from my constant emails asking you what you want for lunch ☺), we have regular noon meetings where we have guest speakers, learn about ongoing work in the Center, and discuss and review projects being submitted for publication or presentation. If you're not receiving these on your calendar, and want to, just shoot me an email. Second, we offer a \$30K pilot grant every year. (We'll be announcing this year's winner a little later this month.) We also continue to offer access to our space, graduate student support, EndNote formatting, IRB submission support, and grant review support. When you need equipment, keep in mind that we have an activity monitor loan program, as well as a video camera loan program to meet your research needs. I am excited to announce that we were recently able to add student travel grants to our list of member benefits (which are fully described on our website www.chlnkc.org). We will be able to offer up to 10 student travel grants per year, and the criteria include that the student must be working with an active Center member, and they must be the presenting author on the work at a national conference. Students can have one grant per year and will receive \$500 for a successful application. These member benefits keep expanding based upon your feedback and input. So, as you have ideas for how we can improve these, please let me know. Our goal here at the Center is to "contribute new knowledge regarding pediatric obesity and nutrition ranging in scope from its biological origins to its societal impact" and we do that best by serving you – the folks who actually carry out the work. Thanks for all that you do, and I hope that everyone is having a wonderful spring!

Quick Facts

- The Healthy Lifestyles Initiative has received a 12-month \$35,000 grant from the McGowan Foundation to provide additional training and supports to early childhood centers to use the MAPPs for Change framework.
- Drs. Delwyn Catley and Laura Martin have received a \$624,492 Research Scholar Award from the American Cancer Society (7/1/2016 – 6/30/20) titled, "Smoking Cessation and Brain Activation: How Practice Changes the Brain."
- Drs. Dreyer Gillette and Brooke Sweeney both presented at PAS, Dr. Beck presented to the Body Balance Coalition, and Dr. Dustin Wallace and his team will present at APS this month.
- WAY TO GO, TEAM!!!!

A New Face

Ali Calkins, MA, is a Clinical Psychology graduate student at the University of Kansas in Lawrence. She will be joining our team this summer as a Graduate Research Assistant in the Type 1 Diabetes Lab of Dr. Susana Patton. Ali received her BS from the University of Tulsa in 2011.

Favorite Health Habit: The things I aim to do daily are drink lots of water (I always have my KU water bottle) and get the right amount of sleep! If I do both of those, I have the energy to do my new favorite workout, Title Boxing. (The workout is amazing!)



A Familiar Face

Amy Noser, MS, is a graduate student in the Clinical Child Psychology Program at the University of Kansas in Lawrence. Amy is continuing her work as a Graduate Research Assistant in Dr. Patton's Type 1 Diabetes Research Lab.

Favorite Health Habit: "Morning runs are how I prepare for the day ahead. I enjoy running because it requires little equipment (a good pair of shoes!) and challenges me both physically and mentally."

May Birthdays:

Emily DeWit, Liz Edmundson, Mary Gibson and Jeff Sygman