



Center for Children's Healthy Lifestyles & Nutrition

Monthly Update – October 2015

Leadership Update Meredith Dreyer Gillette, PhD

The last couple of months have been very busy for our Center members, who have been focused on submitting grant proposals and manuscripts for publication. Our team prepared several abstracts, posters and presentations for upcoming scientific meetings.

Submitted grant proposals:

R01 (Bruce PI) Neurophysiological Mechanisms of Pediatric Food Decisions.
R03: (Carlson PI) Identifying Promising Implementation Strategies for Walking School Bus Programs.

R21: (Davis, Nelson, Wombach Co-PIs): momHealth: Mobile Multiple Health Behavior Change in Teen Pregnancy & Parenting.

R21: (Dreyer Gillette PI) An Adaptive Research Design to Optimize Weight Management Interventions in Young Children with ASD.

Awarded grant:

Healthy Weight Research Network (Dreyer Gillette PI) An Adaptive Research Design to Optimize Weight Management Interventions in Young Children with ASD.

Accepted papers:

Carlson, J. et al. Locations of physical activity as assessed by GPS in young adolescents. *Pediatrics* (accepted 9/15)

Hampel S, Odar Stough C, Poppert K, Best C, Blackburn K, & Dreyer Gillette M. Effectiveness of a hospital-based multidisciplinary pediatric weight management program: Two-year outcomes of PHIT Kids. *Childhood Obesity* (accepted 10/15)

Presentations:

Dr. Amy Beck "Weight Bias in Healthcare" (Lunch and Learn, CMH)

Dr. Brooke Sweeney "Severe Obesity" (Clinical Advances in Pediatrics, CMH)

Dr. Sweeney also presented four talks on pediatric and adult obesity (Pediatrics for the Practitioner & Adult Primary Care, Hawaii)

Individual/Team Awards: Our CHLN faculty won 3 out of the 5 awards at the annual CMH/KUMC Dept. of Pediatrics Faculty Awards Banquet! WOW! Congratulations! They were nominated and voted on by their peers.

Dr. Ann Davis, "Teamwork Appreciation"

Drs. Cara Hoffart and Dustin Wallace, "Excellence in Program Development"

Dr. Susana Patton, "Academic Achievement"

Upcoming Events

12/10 Dr. Kerri Boutelle's Visit

Kemper Healthy Lifestyles Lecture Series, 8 am Grand Rounds & 12 Noon Talk

12/14-12/15 Scientific Advisory Board Visit; Open House 12/14 at 5pm

KUDOS

To Shelly and team on a record breaking Kids Marathon!

To the Happify team on a great team-building Recess!

To Renee for surviving 4 NIH grants being submitted by CHLN faculty in October and supporting all of us at the same time!

A New Face

Marcie Berman, MA, joined our team in October 2015 as a Research Data Coordinator II to support the evaluation of the Healthy Lifestyles Initiative in collaboration with Deborah Markenson and Jordan Carlson. She is completing her PhD in experimental psychology at UMKC.

Favorite Health Habit: Running on the treadmill helps me clear my mind, and it's a great workout too!



A Familiar Face

Emily Dewit, MASL, Weighing In Project Coordinator. Emily has been working with the Weight Management program since 2012. In October, 2014, she joined the team full time as a Project Coordinator for Weighing In where she will be working to support the Healthy Lifestyles Initiative and the work of the Schools Committee. Emily previously worked as an Education Coordinator for PHIT Kids and Zoom to Health and Assistant Clinical Research Coordinator for the Weight Management Programs.

Favorite Health Habit: Staying Active- As a family, we love to walk our two dogs, play basketball, swim, and take bike rides. For several months of the year I practice and compete with an adult synchronized ice skating team.

October Birthday:
Shelly Summar