



Center for Children's Healthy Lifestyles & Nutrition

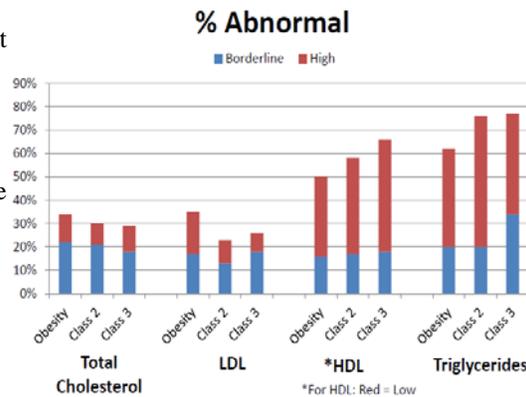
Monthly Update – November 2015

Leadership Update Brooke Sweeney, MD, FAAP

In the season of Thanksgiving, I would like to express my sincere appreciation of our staff! We have had a wonderful and very clinically productive 2015!

- We have been down a net 0.4 FTE for the last 17 months due to the attrition of two Nurse Practitioners. Due to excellent team work we have been able to keep up (almost) with the demand for clinic visits: administrative assistants and nurses have assisted with assuring all clinic slots are full, scheduling, rescheduling, and creative scheduling to accommodate patient needs.
- MD/NP/SW/RD/OT/Psychology have gracefully and willingly covered for each other to keep clinics fully staffed and been willing to accommodate over-scheduled patients; other staff in our supporting locations have offered to help with seeing patients and space in PCC Green Clinic, Renal Clinic, KU Healthy Hawks, and RAPS. With all this we are down only 17% in patient visits, while expected decrease due to FTE loss would be 30%.
- We are so excited we have hired two new Physicians, Heather Doss and Katie McAnany, joining our team in July 2016 to bring us back to our full capacity and some! We have also added a new staff RN, Tracy Kipper, who will join our team December 14, further improving our capacity to serve our patients.

POWER (Pediatric Obesity Weight Evaluation Registry) is a national registry of 32 Multicomponent Weight Management Programs across the country. We have now contributed over 200 patients to the registry. Nationally, we have over 3000 patients in the registry. We are seeing high levels of comorbidities, worse with increasing severity of obesity.



A Familiar Face

Amy Beck, PhD, is our clinical psychologist and had her 5-year anniversary with Mercy in October! She has special interest in weight bias, as well as the interplay between psychological trauma and obesity. She is working on her 200 hour yoga teacher training certification over the next year and plans to use this more in her clinical work with children here. She loves shopping, music, dancing, Kentucky basketball, and pondering the meaning of life.

Favorite Health Habit: “Yoga keeps me sane and strong. I truly believe it is the perfect physical and mental health activity, although I add in cardio (running, dancing, and biking) for balance and cross-training.”



Quick Facts

- December 10: Kerri Boutelle visit, 8 am Grand Rounds broadcast from the Kauffman Center and Noon talk at Don Chisholm
- December 14: 4:30 pm Dedication, Kemper Family Training Kitchen, gift of The William T. Kemper Charitable Trust, UMB Trustee, and 5 pm Scientific Advisory Board Reception at Don Chisholm
- December 15: Scientific Advisory Board Visit
- December 17: Brooke Sweeney presenting Nephrology Grand Rounds at Noon

Kudos

Kerri Wade presented TWICE at the AAP NCE on the Healthy Weight Plan in Primary Care!

We were very well represented at The Obesity Society meeting November 3 - 6 in Los Angeles.

- Amanda Bruce, PhD, moderated the session, “You’re So Manipulative: Brain-based Intervention for Obesity.”
- Ashleigh Pona, BS, platform presentation: “Depression, Eating Behaviors, Self-esteem and Early Body Image Concerns After Bariatric Surgery”
- First Place Poster: Teresa Pan and team, “Relationship between BMI and HEI-2010 in Children with ASD”
- **7 other posters for the team:** Bill Black, Kelsey Borner, Amanda Bruce, Ann Davis, Kelsey Dean, Meredith Dreyer Gillette, Sarah Hampl, Amy Papa, Susana Patton, Katrina Poppert, Ashley Sherman, Brooke Sweeney and Heather Valentine. For a complete listing of Center posters, please visit www.chlnkc.org.
- **November Birthdays:** Jordan Carlson, Amy Papa and Karen Stephens