



Center for Children's Healthy Lifestyles & Nutrition

Monthly Update – October 2017

Leadership Update Ann M. Davis, PhD, MPH, ABPP

It's been a very busy fall so far here at the Center. We hosted Dr. Elissa Jelalian as the keynote speaker for the Kemper Healthy Lifestyles Lecture series, which is already in its third year. Our benefactor and colleague, Sheila Kemper Dietrich, was in town earlier that week for a Livliga/Kidliga event at Border Star Elementary and at our very own Zoom to Health Program – I heard some great stories about the egg cups that were prepared. Our students and colleagues have been hitting it out of the park in terms of research so far this fall! See a few highlights below. Many students and faculty have also published new papers in our field - see a partial list from this month below. To celebrate all of these wonderful achievements (and many more that aren't even listed) we're hosting two celebratory events – hope you can make one of these!

Happy Hour, Friday, Oct 6, 4-6p - Brewery Emperial (no RSVP necessary – just show up!)

Volunteer Opportunity, Sunday Nov 5, 1-3pm – Harvesters (RSVP to adavis6@kumc.edu)

New Grants

John Thyfault, PhD, has received an NIH R01 award, “Statins, Mitochondrial Function and Aerobic Capacity.”

E. Matthew Morris, PhD, has received an NIH K01 award, “Hepatic mitochondrial function control of high-fat diet-induced weight gain.” His mentors are Drs. **John Thyfault**, John Stanford and John Miles of KUMC.

Robin Shook, PhD, has received a Marion Merrell Dow Clinical Scholar Award, “The Brain, Appetite, Teens and Exercise.” Co-investigators are **Drs. Ann Davis and Amanda Bruce**.

Jordan Carlson, PhD, has received a Katharine B. Richardson Award, “Improving Implementation of Classroom Physical Activity Programs.”

New Publications

Bozsik, F., Berman, M., Shook, R.P., Summar, S., DeWit, E., & Carlson, J.A. (in press). Implementation contextual factors related to youth advocacy for healthy eating and active living. *Translational Behavioral Medicine*.

Lim S-L, Penrod MT, Ha O-R, Bruce JM, & **Bruce AS.** (in press) Calorie labeling promotes dietary self-control by shifting the temporal dynamics of health and taste attribute integration in overweight individuals. *Psychological Science*.

Halpin K, Noel-MacDonnell J, McDonough R, Yan Y. (2017, September) Patient Portals May Improve Communication, but Do They Widen the Health Disparities Gap? Poster presented at the International Meeting of Pediatric Endocrinology, Washington D.C.

A New Face

Matilian Cassmeyer joined the CHLN team as an Undergraduate Research Assistant working with Kate Hoppe and Dr. Jordan Carlson.

Favorite Health Habit: “I like to park on the 5th or 6th floor of the parking garage and use the stairs. My favorite part about doing this is when I forget something and I have already made it to the 1st floor and have to go all the way back up!”



A Familiar Face

Amanda Bruce, PhD, is an Assistant Professor at KUMC and the Director of the Bruce Neuroscience Cooperative. She is interested in the interdisciplinary study of the neurofunctional mechanisms of human behavior. Favorite Health Habit: “My favorite health habit is probably either going for a family walk in the evenings (helps our pup burn some energy too!) or Rainbow Supper. Rainbow Supper includes a food from every color in the rainbow, so inevitably, there are quite a few fruits and veggies. The kids love it.”

Upcoming Events

October 21, 9:30 am – Kids Marathon. Participants/volunteers welcome; CMH employees can register their kids for free. See <http://www.sportkc.org/marathon/register/kids-marathon/> or email ssummar@cmh.edu.