

Diet Intake and Energy Expenditure Study



KUMC's Center for Physical Activity and Weight Management is looking for adolescents (11-17 years) with intellectual and developmental disabilities to be in a research program to figure out the best ways to collect how much someone eats.

Adolescents will:

- Write down everything they eat and take photos of their food
- Learn how many calories their bodies use on a daily basis
- Provide urine samples on 3 different days
- Be compensated for their time

Participation will last 14 days

**For more information contact
Lauren at lptomey@kumc.edu or 913-588-7983**

*Travel to KUMC is optional
Interested families must live within 50 miles of the KC Metro*