



**Seeking Participants for activPAL Research Study**  
**If you are interested in participating, contact the study team**  
**at 816-302-3183 or ActiveKids@cmh.edu.**

**Study Description:** This study is enrolling up to 25 youth and up to 25 adult participants to wear two small physical activity measurement devices - an activPAL for 5 days and 2 nights, and an ActiGraph for at least 2 days. The activPAL is taped to the thigh using a medical adhesive called tagaderm and measures the position of the leg to track when the participant is sitting versus standing. Participants will also be asked to record when the activPAL is put on and taken off, as well as time in and out of bed, using a log provided by the research team. The ActiGraph is worn on a belt. The research team is testing the accuracy of a new software for identifying physical activity and non-wear time. **Participants will receive a \$50 cash card or gift card as a thank you.**

**Eligible participants are:**

- Youth ages 9-17 and adults ages 18-60 (Multiple children and parents can participate together if within the above age ranges)
- English-speaking and can also write in English
- Comfortable wearing a small device (ActiGraph) on a belt during waking hours for at least 2 days (can be worn under the shirt)
- Comfortable wearing a small device (activPAL) on the thigh for 5 days and 2 nights
- Can adhere to the study instructions, which involve removing and reapplying the activPAL 5 times and keeping track of the dates and times of removal/reapplication in a log
- Able to visit the study office for an appointment at the beginning of participation and to return the device and log when done participating



activPAL



ActiGraph

Our office is located in at 610 E. 22<sup>nd</sup> St., Kansas City, MO 64108.  
Parking is located in the front of the building.

If you are interested in participating, please contact our study team at ActiveKids@cmh.edu or 816-302-3183. If you know someone who might be interested, please share this recruitment flyer.